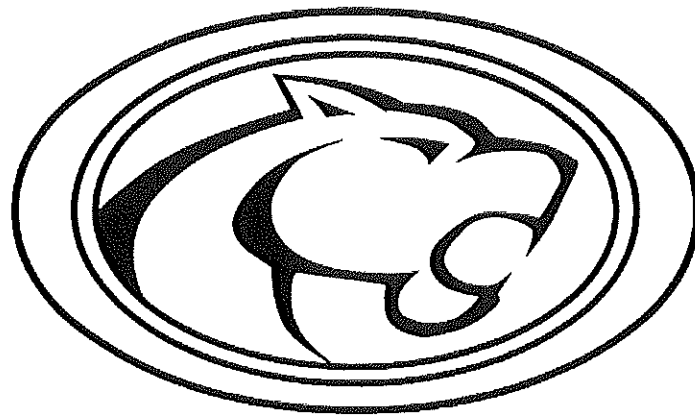


CLUBS AND SPORTS
AT
OAKTON HIGH SCHOOL



www.oaktonathletics.org

Welcome Class of 2020!!

2016-17 OHS SPORTS PROGRAMS – updated May 2016

Eligibility:

All incoming freshmen are academically eligible for 2016 fall and winter sports. (Sophs., jrs. and srs. must have passed five subjects the previous semester, which are their 2016 June grades. Spring sports eligibility for all grades is based on the January semester grades.)

All athletes must have a physical done **after May 1, 2016** and it must be done on the official VHSL Athletic Participation/Parental Consent/Physical Examination Form. This form was updated in 2016 and is available at www.oaktonathletics.org under Files and Links or www.vhsl.org. You should **only use the form that has "Revised April 2016"** on the upper right hand corner of page 1. Students will **NOT** be able to do preseason conditioning, weight training **OR** try out without this form **and** without an FCPS emergency care information form for the coach. The physical will be valid for all three seasons of the 2016-17 school year. **All athletes AND one parent must complete an on-line concussion component. Go to <http://www.fcps.edu/supt/activities/atp/first.htm> in July to access the concussion link.** The physical form should be turned in to the Activities Office at least two weeks prior to tryouts/conditioning – **do not hand it in to the coaches.** Coaches will receive a list of athletes who have turned in a physical and completed the concussion component. **Make a copy of the physical for your records before handing it in.** You may mail it to Oakton High School, Activities Office, 2900 Sutton Rd., Vienna, VA 22181. Physicals will be held at Oakton HS on Monday, May 16. See attached letter from the athletic trainers for more information.

2016 Fall sports tryouts are scheduled to begin Aug. 1 for Field Hockey, Football, Volleyball, Golf, Cross Country and Cheerleading. Dance Team tryouts were in May. Email Coach Karen Rowley karen.rowley@fcps.edu with questions. (*Winter tryouts will begin Nov. 7 and Spring tryouts will begin Feb. 20, 2017.*) All athletes must be there for the tryouts. Practices begin right away. **There will be a walk-in registration the week before tryouts at which time we will verify that all athletes have completed all forms and requirements. This is for athletes only.**

All Rising Freshmen should check out the team pages on www.oaktonathletics.org for information about pre-season conditioning and tryouts. Email the coaches and ask to be put on their email distribution lists.

Fall - Tryouts begin Aug. 1 (walk-in registration Thursday, July 28 5:00-6:00 pm)

<u>Cheerleading – Freshmen, JV and Varsity</u>	Rachelle Aiken	rachnjas@yahoo.com
<u>Cross Country</u>	Alisa Byers	alisa.byers@fcps.edu
<u>Dance Team</u>	Karen Rowley	karen.rowley@fcps.edu
<u>Field Hockey - Freshmen, JV and Varsity</u>	Erin McGartland	ewmcgartland@fcps.edu
<u>Football – Freshmen, JV and Varsity</u>	Jason Rowley	jason.rowley@fcps.edu
<u>Golf</u>	John Glorioso	jglorioso@rtjgc.com
<u>Volleyball – Girls - Freshmen, JV and Varsity</u>	Dan Courain	djcourain@fcps.edu

Winter - Tryouts Nov. 7, 2016 (walk-in registration Wed., Nov. 2 3:15-4:00 pm)

<u>Basketball – Boys – Freshmen, JV and Varsity</u>	David Brooks	david.brooks@fcps.edu
<u>Basketball – Girls - Freshmen, JV and Varsity</u>	Fred Priestler	fred.priester@fcps.edu
<u>Dance</u>	Karen Rowley	karen.rowley@fcps.edu
<u>Gymnastics – Girls</u>	Sami Vidnovic Miller	sbvidnovic@gmail.com
<u>Swim/Dive</u> Swim: Parker Ramsdell pramsdell1984@gmail.com Dive: Cheryl Meltz cemeltz@yahoo.com		
<u>Track/Field (Indoor)</u>	Ray Decker	RLDecker@fcps.edu
<u>Wrestling – JV/Varsity</u>	Eric Gibbons	eric.gibbons@fcps.edu

Spring - Tryouts Feb. 20, 2017 (walk-in registration Wednesday, Feb. 15 3:15-4:00 pm)

<u>Baseball – JV and Varsity</u>	Justin Janis	Justin.janis@fcps.edu
<u>Crew (www.oaktoncrew.com)</u>	Dane Underwood	coach.underwood@oaktoncrew.com
<u>Lacrosse/Boys - F, JV and Varsity</u>	Jake Bullock	jebullock@fcps.edu
<u>Lacrosse/Girls - JV and Varsity</u>	Jean Counts	jean.counts@fcps.edu
<u>Soccer – Boys - JV and Varsity</u>	Todd Spitalny	tdspitalny@fcps.edu
<u>Soccer – Girls - JV and Varsity</u>	Kasey Davenport	KLReagan@fcps.edu
<u>Softball – JV and Varsity</u>	Brandon McCulla	bmmcculla@fcps.edu
<u>Tennis – Girls</u>	Lauren Carpenter	lmcarpenter@fcps.edu
<u>Tennis – Boys</u>	Betsy Tyskowski	betsy.tyskowski@verizon.net
<u>Track/Field (Outdoor)</u>	Ray Decker	RLDecker@fcps.edu

Activities Office – Room 173

Pat Full, Dir. of Student Activities	703-319-2763	Activities Office Fax	703-319-2761
Krista Jay, Asst. Dir.	703-319-2762	Paul Rupp (Athletic Trainer ATC)	703-319-2833
Justin Janis, Asst. Dir.	703-319-2811	Karen Foster (Athletic Trainer ATC)	703-319-2833
Ben Kaplan, Asst. Dir.	703-319-2872		
Jason Rowley Asst. Dir.	703-319-7286	Hotline	703-749-8039
Lou Nugent, Admin. Asst.	703-319-2760	Athletic Website:	www.oaktonathletics.org

Oakton Activities and Clubs

For information on clubs or activities please contact the club sponsor listed...their email can be found on the staff directory at www.fcps.edu/OaktonHS/ If you have a general question about the clubs or activities at Oakton High School, email krista.jay@fcps.edu.

Class of 2017	Administrator: Colleen Eddy Sponsors: Everett Flowers/Stephanie Lin	Gold Office 244/152
Class of 2018	Administrator: Derck Smith Sponsor: Sascha Reed; John Krizell	Gold Office 143, T-2
Class of 2019	Administrator: Jennifer Hogan Sponsor: Bill Tiller/Katy Byrd	Gold Office 266/268
Class of 2020	Administrator: Michelle Taylor Sponsor: Brandon McCulla	Gold Office 228
Alliance of Writers	Susan Sullivan	236 / 135
American Red Cross	Catherine Browning	250
Amnesty International	Candace Sowers	246
Answers for Annie	Chris Fowler	220
Asia Pop Dance Club	Jing Feng	
Best Buddies	Sasha Reed	143
Bollywood Fusion Dance Club	Maria Deliz	144
Breakdance (Interest Only)	Janine Gervais	224
Chemistry Club	Abigail Giordano	117
Chess	Don Clark	T-5
Chinese Society	Grace Wang	116
Civil Liberties Student Association	Jacqui Taltan	208
Codi's Hats	Laura Conley	194
College Partnership	Quesuan Wigfall	Counseling Ofc
Color Guard	Katie Hovanec	211
Community of Caring	Michelle Taylor	Gold Office
Community Service Club (CSC)	Katherine Boyer	120
Computer Graphics Club	Adam Hatchl	196
Computer Science Club	Edmund Lau	156
Corean Cultural Club	Stephanie Lin	152
Cougar Robotics & Engineering www.cougarrobotics.org	Doug Kaltenbaugh	195
Cougars Who Care	Cameron Osborn	251
Crew www.oaktoncrew.com		
Cryptology Club	Ana Mayra Irizarry	153
Debate	Janine Gervais	224
DECA	Annie Fiehrer	177
Drama Honor Society (Thespians)	Vanessa Gelinas	138
Environmental Club	Jackie Fernandez	122
ESOL	Maria Cruz	241
FBLA (Future Business Leaders of America)	Dale Howell, Rachel Aufmann, Hilary Hoffman, Scott Larson	136 / 132
Feed the World	Kayleigh Cox	118
Fellowship of Christian Athletes	Elizabeth Snyder	258
Film Club	Everett Flowers	244
Forensics	Jonathan Lawless/Malcolm Lee	259/150
French Honor Society	Inge Pisano / Emily Fugate-Brunino	260/204
Friendship Bracelet Club	Katie Hovanec	228
Future Medical Professionals	Sandy Leathart	124
Gardening Club	Tanya Mulvey	126
Gay Straight Alliance	Kelly Tatian	213
Gender Equality	Erich Heckel	215
GIVE (Get Involved, Value Everyone)	Kayleigh Cox	118
Global Finance Club	Hester Lawver	269
Heart & Soles	Inge Pisano	260
Help for Our Heroes	Chris Fowler	220
Hip Hop Club	Max Oppenheimer	165
History Honor Society	Angela Modugno	T-1
Honor Council	Elizabeth Snyder, Angela Taggart	228/234
Ice Hockey Interest Club oaktonhockey@gmail.com	Lindsey McCullough	218
It's Academic / Scholastic Bowl	Jackie Fernandez	122
Japanese Animation Club (Anime/Manga)	Jonathan Lawless	259

Japanese Club	Jonathan Lawless	259
Japanese Honor Society	Jonathan Lawless	259
Jewish Student Union	Charles Grausz	Guidance
Key Club	Lesley Frew	159
Kids Are Scientists Too	Sandy Leathart	124
Latin Club	Cameron Osborn	251
Latin Honor Society	Donna Winstanley	T-6
Leftist Independent Debate and Discussion	M. Nouristani	
Listen to Read	Janice Taylor	262
Math Honor Society	Malcolm Lee	150
Math Team (Junior Math Team)	Judy Aukamp	155
Math Team (Senior Math Team)	Lucy Bawiec	T10
MESA (Middle Eastern Students Association)	Brandon McCulla	228
Model UN	John Krizel	T2
Mu Alpha Theta (Math Honor Society)	Malcolm Lee	150
MultiEd Club	Laura DeWitt	152
Muslim Youth Club	Marisa London	151
National Art Honor Society	Laura Conley	194
National English Honor Society	Katy Byrd	268
National Honor Society	Michael Greene / Kim Stewart	132 / 257
Oakton Big Siblings	Abby Giordano	117
Oakton eSports Club	Scott Larson	136
Oakton Girls United	Lindsay McCoullough	218
Oakton Swim Club	Sasha Reed	143
Octagon	Eliot Waxman	256
Odyssey of the Mind	Kathleen Plecity	109
Operation Smile	Hester Lawver	269
Opus – Literary Magazine	Susan Sullivan	236
Philosophy Club	Susan Sullivan	236
Photography/Visual Arts	Susan Silva	106
Physics Club	Deborah Roudebush	172
Poetry Club	Susan Sullivan	236
Pokeman Club	Matt Kroetch	247
Quill and Scroll Journalism Honor Society	Susan Sullivan, Jodi Glaser, Elizabeth Snyder	236/243/258
Radical	Kyle Nam	T-13
Relay for Life	Jennifer Hamlin	245
RESPECT Refugees	Maria Cruz	241
Robotics (See Cougar Robotics and Engineering)		
Science National Honor Society	Abby Giordano	117
Science Olympiad Club	Tanya Mulvey	126
Spanish Honor Society	Janice Taylor	262
Sports Medicine Club	Paul Rupp	Training Room
Stepping Stones	Mary Brady	211
Students Helping Honduras	Angels Natal-Asensio	200
Student Government (SGA)	Tiffany Powell / Susan Silva	164/106
Student United Way	Angels Natal-Asensio	200
Table Tennis	Brandon McCulla	228
Team Up for St. Jude	Elizabeth Snyder	228
Technology Student Assoc. (Careers Club)	Doug Kaltenbaugh	195
Theater Sports (Improvisation Club)	Vanessa Gelinis	138
Tri-M Music Honor Society	Tiffany Powell	164
Ultimate Frisbee	Steve Glick	267
UNICEF	Emily Fugate-Brunino	204
We the People	Catherine Browning	250
Writing Center (Tutoring)	Beth Blankenship	230
Yoga Club (Interest Only)	Inge Pisano	260
Young Democrats	Beth Blankenship	230
Young Libertarians	Brian Comer	205
Young Politicians	Elizabeth Dean	242
Young Republicans	Cameron Osborn	251

Updated: 5/9/16